



My First Factor Song

(To the tune of “Alouette”)
Lyrics by Carri Nease

Verse 1

What do you do when you get a boo-boo?
What do you do? Go and tell your mom.
First she'll get you lots of ice,
And wrap your knee up very nice.

Lots of ice,
Very nice!
Then you'll rest it.

What do you do when you get a boo-boo?
What do you do? We go factor up!

Verse 2

What do you do when you get a boo-boo?
What do you do? Go and tell your dad.
First he'll get you lots of ice,
And wrap your ankle very nice.

Lots of ice,
Very nice!
Then you'll rest it.

What do you do when you get a boo-boo?
What do you do? We go factor up!

Verse 3

What do you do when you get a boo-boo
When you're playing ball? Go and tell your coach.
First he'll get you lots of ice,
And wrap your elbow very nice.

Lots of ice,
Very nice!
Then you'll rest it.

What do you do when you get a boo-boo?
What do you do? We go factor up!

Verse 4

What do you do when you get a boo-boo?
What do you do? Go and tell your “teach.”
The nurse will get you lots of ice,
And wrap your boo-boo very nice.

Lots of ice,
Very nice!
Then you'll rest it.

What do you do when you get a boo-boo?
What do you do? We go factor up!

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